

## Retreat Description

A Sweet Life with Jesus women's retreat is a special time and place where we, as women, can slow down and savor time with God and each other. At the retreat you will find rest, laughter, tears, and joy. We will be learning more about Jesus and each other and growing in our relationship with both as we share and grow together in a safe and trusting environment.

### About the Location:

Peniel Bible Conference Center has a rich history of over 80 years in the beautiful foothills of the Adirondacks, nestled on the front side of Constitution Mountain and the back side of Lake Luzerne. Their 75 acre campus offers camping opportunities for youth & families, as well as special events and group retreats.

Through many years and generations, Peniel's Mission has not changed. Their mission is to "teach biblical truths that encourage joyful followers of Christ by presenting the Good News of Jesus Christ to unbelievers and believers alike to help them move toward their full spiritual potential and fellowship with God."

## Schedule (tentative)

### Friday, March 16

5-6 pm: Arrival, room check-in  
6-7 pm Dinner  
7-9 pm Games/Skit  
9-11 pm Movie: Mom's Night Out (optional)

### Saturday, March 17

7:30 am Devotion Time (optional)  
8-9 am Breakfast  
9:15-11 am Worship & Teaching Session  
11-12 pm Individual devotion time  
12:30-1:30 pm Lunch  
2-4 pm FUN TIME  
4-5 pm Personal Testimony/sharing  
5-6 pm R & R--get ready for dinner  
(St. Patrick's Day--dress up competition)  
6-7 pm Dinner  
7:15-8:30 pm Final Session  
8:30-8:45 pm Closing

## Sweet Life Retreat Registration Form

Registration Deadline: March 4

Name \_\_\_\_\_

Mailing \_\_\_\_\_

Address \_\_\_\_\_

Phone# \_\_\_\_\_

Cell# \_\_\_\_\_

Email \_\_\_\_\_

Allergies/special dietary or other  
needs? (we will try our best to accommodate)

Cost: \$60 per person

Includes 1 Night Lodging and 4  
meals, snacks, and tons of fun!

\*\$45 for retreat only (no lodging)

Cash or Check Payable to HLWC

(Memo: Retreat)



## Accommodations

The Lodge at Peniel has various sleeping rooms and a large common area. Some rooms have 1 bed while others have multiple beds depending on the room. At time of payment, you can select the type of room you would like along with your paid roommates (if you want to room with others)—first come—first serve. The rooms have linens and a blanket on each bed and a towel and face cloth for each person. You may want to bring an extra blanket. There are two floors with bathrooms on each floor for common use. We will also be utilizing the restaurant and meeting house during the weekend.

## What to bring

- Comfortable Clothing (layers are a good idea)
- Slippers/Slipper Socks
- Hygiene/Personal Care
- Extra Blanket
- Boots/Outdoor Shoes
- Bible
- Journal/Pen
- Munchies to share
- St. Patrick's Day Dress Up—prizes awarded to the most creative outfits!



HLWC

Women's Retreat 2018

## A Sweet Life with Jesus

John 6:35 "I am the bread of life..."

Friday, March 16 5 pm -  
Saturday, March 17 9 pm

Peniel Bible Conference Center  
336 Lake Tour Road  
Lake Luzerne, NY 12846

Sweet Life Cafe